

NORTH GEORGIA SOCCER ASSOCIATION

SELECT PLAYER COMMITMENT FORM

Your being a member of the select program is an honor, but it also requires a special commitment from you. At this level of competition, success and fun on the soccer field do not come without some extra effort. The will to win is not enough; you must have the will to prepare to win. We are talking about the kind of effort that involves some hard work, and commitment to attend practices, and perhaps some extra sacrifices on your part.

As a select team member, I promise to:

- Come to practice regularly and on time, and to participate in scheduled games and tournaments.
- Work hard at practice to improve my soccer skills and my understanding of the game.
- Give the coaches my full attention. When the coaches are talking, I will stop talking, keep my ears open, and my eyes on the coaches. I will not distract others during the practice session.
- Do whatever is asked of me on the soccer field, without complaining, for the good of the team.
- Encourage, and never criticize my teammates.
- Play as a team, not as an individual.
- Show respect toward coaches, team members, opposing team members, fans and referees.
- Come to each game, on time, well rested, and with a positive attitude.
- Notify my coach if I cannot attend a practice or a game.
- Understand that failure to attend practices could result in reduced playing time during a game.
- Follow, to the best of my ability, the Select Game Day Guidelines.

Player Signature

Date

NORTH GEORGIA SOCCER ASSOCIATION

SELECT PROGRAM PARENT COMMITMENT FORM

Playing on a select soccer team requires a huge commitment from both players and parents. Therefore, we ask both of you to sign a commitment form to verify your level of commitment.

As a parent/guardian of a select soccer player, I promise to:

- Reinforce to my child the importance of attendance at practices and games.
- Contact the coach if my child is unable to attend a practice or a game.
- Ensure my child arrives at practice and games on time, wearing appropriate soccer gear. This includes making sure my child has a soccer ball and enough to drink during practice and games.
- Ensure my child is picked up from practices and games in a timely manner. For safety reasons, our coaches are encouraged not to be alone with an individual player.
- Promote positive feedback to all players and referees, refraining from any and all negative comments.
- Understand that my child's skill level will differ from that of other players, and will respect my child for what he/she can bring to the team.
- Help oversee the game and practice areas, making sure litter and trash are removed.
- Support the coaches and players when requested to do so, by providing healthy snacks/drinks at games.
- Provide constructive criticism and positive feedback for improvement of NGSA's programs and activities.
- Demonstrate appropriate behavior at all times by making positive comments only, encouraging the entire team, and not just my child.
- Refrain from questioning or verbally abusing the referee and/or coach.
- Refrain from coaching on the sideline. I understand that the coach will instruct the players and my directions may be contradictory to what he/she has told the players.
- Understand that in the Academy Program, there may be more than one team in my child's age group. Therefore, if only one game can be scheduled for that age group on a given day, my child may not be chosen to play.
- Do my best to follow the Game Day Preparation Guidelines and Parent Conduct at Games Guidelines.

Parent/Guardian Signature

Date

NORTH GEORGIA SOCCER ASSOCIATION

SELECT PROGRAM GAME DAY GUIDELINES

It is your responsibility to prepare your child to do his/her best. In the Player Commitment Form, each player pledges that they will arrive at the games well rested, and mentally and physically prepared to play their best. Your child cannot keep that commitment if he/she does not get proper rest and has not eaten properly. Soccer is a very demanding sport. Your child can be prepared to do his/her best, to help the team, and is less likely to suffer injury, if he/she observes a few basic guideline:

- Avoid spend-the-night parties on the night before a game. More than a few soccer games have been knowingly “forfeited” the night before the match. Fatigue as a result of too little sleep also raises the risk of injury.
- Build up body fluids before the game. Start drinking water as much as 24 hours before the game, and try to take in as much proper fluid as possible right up until game time.
- Eat sensibly, especially on the day of a game. For instance, milk, candy bars or carbonated drinks before a game will shorten a player’s wind.
- Half-time refreshments should be limited to a moderate amount of water, or a diluted Gatorade-type drink. Too much water or any kind of food and drink containing sugar will cause blood to leave the muscles and travel to the stomach, causing players to be sluggish in the second half. At the beginning of each season, your team manager will provide parents with a refreshment schedule. Each parent will be expected to share in the responsibility for seeing that proper refreshments and ice are available for each game.
- Make certain that you have proper equipment – including ball and water bottle -and bring them to each practice and game. Proper fitting shoes and shin guards are essential. Watches, jewelry and barrettes should be left at home.
- Arrive at each game in plenty of time to warm-up properly. Parents please leave home in time to have your child at the game, fully dressed, and ready to warm-up substantially prior to game time.
- Be active in other areas, such as swimming, running, and biking, that build strength and stamina. It can help to ward off injuries.
- Treat minor injuries promptly and properly. For muscle strains and bruises, remember the principle of “R-I-C-E” – Rest, Ice, Compression and Elevation. Your team should arrange to have ice at every game for quick application to injuries. Let your coach know before practice or a game of any condition that might affect your ability to play. Seek early medical help for physical problems that persist. Do not practice or play if you have reason to believe that it may aggravate an injury.

PARENT CONDUCT AT GAMES

- **DO NOT YELL AT THE REFEREE!** It is our goal to build not only good soccer players, but good sportspersons. Your positive, or negative, example at games will either greatly reinforce, or significantly undermine, that effort. The coach or team captain has principle responsibility, with limited latitude, in speaking the referee. Let them do their job when, and if, they feel it is necessary. And finally, with respect to tournament play, oftentimes one tournament team is given a special award for good sportsmanship. Your yelling and screaming at a game can do much to rob the kids of an opportunity to earn such an award.
- **KNOW SOMETHING ABOUT THE RULES OF THE GAME!** Sometimes parental ill-will toward the referee is based on a parent's ignorance of the Laws of the Game. Common problems are the understanding and application of the rules governing off-side, illegal contact and deliberately handling the ball.
- **ENCOURAGE – DO NOT CRITICIZE!** One of our goals is to help your child play good soccer. No less important is our goal to make every effort to insure that your child has fun. Your child understands the high expectations and feels peer pressure to do well. You can best help by confining your talk during the game to positive encouragement.

NGSA SELECT SOCCER PROGRAM

The Select Program is for the truly committed soccer players who are willing to strive to develop to their full potential and compete with other Select Program teams throughout North Georgia. The Select Program requires more training, travel and tournament play than that of recreational players. Select team coaches and/or trainers select the players to be on their team.

NGSA ACADEMY PROGRAM

The Academy Program is the name of our Select program for players ages 8-11. The Academy Program is used as a way to introduce young, talented players to advanced training and more competitive play. It is a bridge program between recreational soccer to the truly competitive play of select soccer. One major difference between Select and Academy Teams is the fact that The Georgia State Soccer Association schedules all Select games while our Director of Coaching is responsible for scheduling all Academy team games. While we make every effort to insure that each team ends up playing an equal number of games that is not always possible. Weather as well as our opponent's willingness to reschedule games may become a factor.

Select Program Fees

The Registration Fee for Select/Academy players is \$120 which includes a \$10 Field Usage Fee.

Select/Academy Uniforms cost \$65. Players get two jerseys (home and away), a pair of shorts and 2 pairs of socks. Returning players who do not need a complete uniform kit may purchase individual items at the following rate; Jersey - \$20 Shorts - \$15 Socks - \$7

The Registration and Uniform Fees are due by **July 11**.

Training and Coaching Fees for the four month season of Select/Academy soccer are as follows, and are payable in installments:

U10 Teams \$120 U11 Teams \$160 U12-U19 Teams \$200

At least ½ of the Training Fees are due by **August 31st** with the rest due by **October 31st**.

Our Academy Teams will compete in the **Lanier Academy Cup on August 22nd and 23rd**, as well as the **Forsyth Fall Classic Tournament on November 21st and 22nd** Tournament Registration Fees usually range from \$35 to \$40 per player.



**Photo Consent Form
Regarding Players Photos on the Web Site**

I, (full name, printed) _____, as the legal guardian or custodial parent of my child, (child's name) _____, grant North Georgia Soccer Association (NGSA) permission to use my child's photo and name on their Web site for the purpose of illustrating typical activities of the organization.

Today's Date: _____

Signature: _____



**Photo Consent Form
Regarding Players Photos on the Web Site**

I, (full name, printed) _____, as the legal guardian or custodial parent of my child, (child's name) _____, grant North Georgia Soccer Association (NGSA) permission to use my child's photo and name on their Web site for the purpose of illustrating typical activities of the organization.

Today's Date: _____

Signature: _____

MEDICAL RELEASE FORM

I, _____ (Parent/Guardian's Name) hereby give permission for any and all medical attention to be administered to my child _____ (Child's Name) In the event of accident, injury, sickness, etc., under the direction of the person(s) listed below, until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment. This release is effective for the period of one year from the date given below.

ADDRESS: _____
.

HOME PHONE: _____

INSURANCE COMP: _____

POLICY NUMBER: _____

In case I cannot be reached, any of the following persons is designated to act on my behalf.

* COACH: _____

* ASST.COACH: _____

* MANAGER: _____

* A league representative where my child is playing.

* Any tournament representative where my child is participating in a tournament

PHYSICIAN: _____

ADDRESS: _____

PHONE: _____

KNOWN ALLERGIES: _____

SIGNATURE (PARENT/GAURDIAN) _____ DATE _____

Subscribed and sworn before me, this _____ day of _____, 20 _____

Notary Public



For Official Use Only
Amount Paid
Check #
Team Group _____
County _____

North Georgia Soccer Association
Select/Academy Team Player Registration – Fall 2009

Registration Deadline is July 11, 2009

Copy of Birth Certificate is required in order for registration to be accepted along with full payment.

Player Name: First : _____ Last: _____

Male/Female: _____ Birthdate: _____ School Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail Address: _____

Fathers Name: _____ Phone: _____

E-mail : _____ Cell: _____

Mothers Name: _____ Phone: _____

E-mail: _____ Cell: _____

Emergency Contact: _____

Relationship to Player: _____ Phone: _____

Number of Seasons Played : _____ Name of Siblings Playing for NGSA _____

Health Concerns: _____

Caroline Phillips Bagwell Memorial Scholarship Fund

If you would like to make a contribution to this fund in loving memory of Caroline, please check here: _____ . Please specify amount _____. All donations need to be included with your registration fees.

Sincerely,
NGSA Board of Directors



North Georgia Soccer Association
Select/Academy Soccer

Returning Select Players \$120.00
New Select Players \$185.00

NGSA FEES:

Registration Fee \$110.00
Field Usage Fee \$ 10.00
Uniform Cost (Full Kit) \$ 65.00
Jersey (2 with kit) \$ 20.00
Shorts (1 pair with Kit) \$ 15.00
Socks (2 pairs with Kit) \$ 7.00

Total Payment Due: _____ Check # _____

UNIFORM SIZE (circle)

Jersey: Youth: S M L XL
Jersey: Adult: S M L XL

Shorts: Youth: S M L XL
Shorts: Adult: S M L XL

Note: Training and Coaching Fees for the four month season of Select/Academy soccer are as follows, and are payable in installments: U10 Teams \$120 U11 Teams \$160 U12-U19 Teams \$200

NGSA is required to declare specific teams and register players with the Georgia State Soccer Association, therefore registrations received late incur additional administrative fees. LATE FEES of \$25.00 will be charged for applications received after the deadline of **July 11, 2009**. There will be a NSF charge of \$25.00 for any returned checks. Sibling discount does not apply to select registration fees.

NGSA is an all volunteer organization and we could use your help. Please check if you would like to volunteer!
Coach: _____ Asst. Coach: _____ Photos/PR: _____ Referee: _____ Field Maintenance: _____ Team Manager _____

I hereby give approval for the participation of my child in any and all NGSA and affiliated Associations or League activities. I assume all risk and hazardous incidents to such participation, including transportation to and from said activities. I waive, release, absolve, indemnify and agree to hold harmless the NGSA and affiliated Association League, the organizers, supervisors, officers, directors, participates, and persons or parents supervising or transporting participants to or from such activities from any claims arising out of injury to my child. I understand that a player who registers with an affiliated League is bound to that league for the entire seasonal year, unless a transfer is requested for extenuating circumstances.

Parent/Guardian Signature

Date

Return forms to: NGSA, P.O. Box 1321, Clarkesville, GA 30523 or to the NGSA Office.